



Principles of Good Character

Trustworthy

Grades K-12



How to be trustworthy:

- Be honest. Don't lie, cheat or steal.
- Have courage. Do what is right, even when it is difficult.
- Be reliable. Keep your promises and follow through on your commitments.
- Be a good friend. Don't betray a trust.

Think about trustworthiness in your life.

1. How do you feel when someone tells you a lie?
2. If you tell just one lie, does that make you a liar? How many lies do you get to tell before you are a liar?
3. Would you trust somebody who lies? Who cheats? Who steals? Why, or why not?
4. How do you know if you can trust someone?
5. Describe a time when you lied, cheated, or stole something. What happened? How did you feel? What were the consequences?
6. Simply being honest make life a lot easier. Have you ever experienced this in your own life?
7. What does trust have to do with honesty?

Trustworthiness Activity:

Pick a partner and take turns wearing a blindfold and leading each other through the museum. Use words to describe where to go, not physical contact.

Jimmy Stewart Challenge:

Watch Jimmy Stewart's film, Harvey. Did Elwood's sister and niece trust that he was telling the truth? Did they think Elwood was lying to them? What should you do when others don't believe you?